

Emergency contacts: Police: 012 253 1000, NECSA: 012 305 3334
Harties Ambulance: 082 695 1240, Victor: 083 560 3318, Erik: 073 222 8260

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Van Gaalen Trails

River Trails Section

Terrace
@
Van Gaalen

The 10km Challenge follows the yellow arrows. Marked as dashed yellow line on the map.

River Trail section between low-level concrete bridge and gate is closed on weekdays.

Rules:

- Helmets must be worn at all times. NO helmet, NO ride!
- Many trails are multi-directional, please KEEP LEFT.
- Horses have right of way, then mountain bikers.
- No animals allowed.
- No picnics, smoking, fire or dumping of rubbish allowed.
- Stay on marked trail. Stay away from private grounds and don't climb over fences or make your own trail.
- Close gates if they were closed.
- Trails are closed on race days.
- Please report problems, blocked routes or anything strange.
- Right of admission reserved.

Low level Concrete bridge
(5kms from VG)

Gate
(Closed on Weekdays)

Steel Bridge
(3,3kms from VG)

Weir drift crossing
Hiking/ running ONLY
(1,8kms from VG)

Suspension Bridge
(800m from VG)

van Gaalen Bridge

24hr Wooden Bridge

Old low level
Concrete Bridge

van Gaalen
Cheese Farm

Indemnity:

- The indemnity grantor participates at own risk and agrees that he/she shall have no claim whatsoever against the organizing body, helper, sponsor or land owner in respect of any injury, loss or damage that participants may suffer arising from any injury to that person or property, caused directly or indirectly by the negligence, albeit gross of one or more of the abovementioned parties
- The indemnity grantor is aware of the danger associated with mountain biking and accepts the risks associated therewith.
- The indemnity grantor declares that he/she is physically fit and healthy to ride.
- The indemnity grantor is aware that the route can change because of weather, manmade obstacles or other causes. Beware of the unexpected.

Legend

- River Trails
- - - 10km Challenge
- - - Hiking to Greek Church (13km loop)
- Concrete Track & Tannie Miems
- Greek Church Loop
- Other trails
- Main tar roads
- Main dirt roads
- ... Other dirt roads



Van Gaalen Mountain Biking & Running Trails



DigitalGlobe

us DS,

Community, Sources: Esri, Garmin,

0 150 300 600 900 1 200 Meters